

# LONG TERM CARE Indiana State Department of Health NEWSLETTER

#### **Conference Location**

Sagamore Ballroom Indiana Convention Center 100 South Capitol Avenue Indianapolis, IN 46225 http://www.icclos.com/conv/index.asp

#### **Register Online**

www.in.gov/isdh/23260.htm

### Register by Fax/Mail

**Registration Form** 

#### Questions

317-899-4477 kellyl@travelleadersindy.com



## **Indiana Healthcare Leadership Conference** "Abuse and Neglect" Tuesday, April 9, 2013

## About the Leadership Conference

The Indiana Healthcare Leadership Conference is an initiative of the Indiana State Department of Health (ISDH). The ISDH plans two Leadership Conferences per year - one in the spring and one in the fall. Each conference is a one-day conference focusing primarily on a single issue.

The Leadership Conferences, which began in June 2007, have grown in attendance from 720 participants to over 1200 participants. Attendees have been treated to outstanding presentations on falls management, reduction of pressure ulcers, behavior management and reduction of restraints. emergency preparedness planning and managing incontinence care, staffing issues, and healthcare associated infections. A variety of educational and practical resources on all these topics was provided at each conference.

The conferences are intended to bring together statewide healthcare leaders to promote important quality of care issues. This conference will include providers from long term care, state surveyors.

healthcare organizations, and individuals with significant interests in health care.

## **Invited Participants**

The ISDH invites each licensed comprehensive care facility (nursing home) to send two representatives to the conference. Each facility may select the individuals attending the conference on behalf of their facility. The ISDH recommends individuals such as the facility administrator, director of nursing, compliance officer or other members of your patient safety team. Corporate offices of facilities are also invited to send appropriate representatives.

The ISDH will also be inviting selected professional organizations and individuals to attend the conference. Invited organizations will include the Alzheimer's Association of Greater Indiana, HealthCare Excel, Hoosier Owners and Providers for the Elderly, Indiana Health Care Association, Indiana Hospital Association, Leading Age Indiana, Indiana Ombudsman, patient safety coalitions and centers, and United Senior Action. The ISDH will also be inviting academic and legislative partners. All ISDH long term care surveyors will be attending.

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## Conference Funding

The conference is primarily funded through the ISDH civil money penalty fund. A small registration fee of \$50 will be charged to pay for meeting costs that cannot be paid by the civil money penalty fund.

## **Hotel Information**

A limited number of hotel rooms have been reserved, for conference participants, at the Fairfield Inn and Suites and the Springhill Suites Hotel. Both hotels are connected to the convention center. Room rates are \$86.00 per night for single or double occupancy. For more information or to make a reservation, please contact Kelly Longstreth at (317)899-4477 or <a href="mailto:kellylogstreth">kellylogstreth</a> a

Conference Agenda: April 9, 2013

Indiana Healthcare Leadership Conference

c/o Travel Leaders Indianapolis • 8650 Commerce Park Place, Ste C • Indianapolis IN, 46268 Phone: 317-899-4477 • Fax: 317-895-2450 • Email: kellyl@travelleadersindy.com

All sessions and breaks will be in the Sagamore Ballroom, Indiana Convention Center. Lunch will be served in the 500 Ballroom, Indiana Convention Center.

7:30 AM - 8:30 AM Conference Registration

A continental breakfast will be available for conference participants.

8:30 AM - 8:40 AM Welcome and Announcements

Speaker: Terry Whitson, Assistant Commissioner, Indiana State Department of Health

8:40 AM - 10:10 AM Reducing the Use of Anti-psychotic Drugs

**Speaker:** G. Allen Power, MD, Clinical Associate Professor of Medicine, University of Rochester, Certified Eden Alternative Educator

**Topic:** The successful reduction of anti-psychotic drug use in people living with dementia requires a different paradigm than we have applied in the past. Dr. Power will explain why our traditional approach to dementia does not work, and why our attempts at non-pharmacological interventions also fall short. Through the use of an "experiential" model that incorporates an ultimate goal of enhancing domains of well-being, Dr. Power will show how organizations can transform to provide sustainable results in improving meaningful living and minimizing medication use.

10:10 AM - 10:30 AM Break

10:30 AM - 11:50 AM Abuse and Neglect - Best Practices

**Speaker:** Lori O. Smetanka, JD, Director, National Long Term Care Ombudsman Resource Center, The National Consumer Voice for Quality Long-Term Care

**Speaker:** Robyn Grant, Director of Public Policy and Advocacy, National Consumer Voice for Quality Long-Term Care

**Topic:** Ms. Smetanka and Ms. Grant will provide an overview of the issues of abuse and neglect, ways of recognizing abuse and neglect in the nursing home setting, best practices in prevention including good care practices, and methods of responding to incidences of abuse and neglect.

11:50 AM - 1:00 PM Lunch

Lunch will be provided for conference participants in the 500 Ballroom

#### 1:00 PM - 2:45 PM

## Preventing Abuse and Neglect through Skills Building and Empowerment

**Speaker:** Hollis Turnham, Midwest Director, PHISpeaker: Cean Eppelheimer, Midwest Organizational Change Consultant, PHI

**Speaker:** Catherine Macomber, Assistant Professor in the Department of Social Work, Saginaw Valley State University

**Topic:** Abuse and neglect, as well as financial misappropriation, are not extraordinary occurrences perpetrated only by criminals and psychopaths. Abuse and neglect can happen when anyone is overwhelmed by life circumstances, by working conditions, and/or by challenging behaviors. The most effective approach to preventing neglect and abuse is to build skills to avoid abusive and neglectful behaviors. This session will introduce a curriculum that helped over 90% of the learners improve their abilities to prevent abuse and neglect. Learn about "stress triggers", "trigger busters", "de-escalation skills", and how to create and foster an abuse free culture in nursing homes.

2:45 PM - 3:00 PM Complete Evaluation Forms

3:00 PM Adjourn

## Continuing Education and Contact Hours

Continuing Education credit will be available for social workers and health facility administrators. Those seeking the credit should complete the forms provided and return them to conference staff at the close of the conference.